

# Carol Williams

DREAM LIFE AND BUSINESS  
COACH



## ABOUT CAROL

As a solo business owner, Certified Business and Life Coach, and single mom, Carol Williams knows what it's like to prioritize and pivot while building a life she loves. After working in the design professions for 18 years, Carol struck out on her own in 2009, combining her passion for psychology and her project management experience.

Carol powerfully supports scattered entrepreneurs so that they, too, can live the life AND have the business they dream about.

Carol plays in the outdoors near her home in Sutton, New Hampshire; and indoors through art, design, and dancing.

Having overcome multiple and significant obstacles,

## CAROL'S MOTTO IS:

*"If I can do it, you can too."*

## TOPICS:

- Stop working so hard for so little money
- Simplify your life. Make it easy, fun, and as simple as baking a cake.
- Discover what you really want and put your plan into action - really this time!
- How to be productive and successful as a business owner when you feel scattered, or you just feel scattered

## INTERVIEW QUESTIONS:

**Carol's preference is a conversational interview, non-scripted, and flowing naturally.**

- How do I create work/life harmony?
- Can I really succeed in business if I have AD/HD or another neurodiversity?
- How do I transition from a busy life, to a more simplified and less stressful one?
- How can I find more time to do the things I love?
- How do I stick to a resolution or plan?
- How do I achieve my goals without burnout?
- How do I structure my time to suit me?



*Get in touch:*



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carol@unscatterme.com | 603-848-4732 | www.unscatterme.com